

# OCTOBER

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Capilano Branch**  
9915 67 Street NW  
780-496-1802

To register and for a complete list of classes visit:

[epl.ca/classes](http://epl.ca/classes)

\*All classes are drop in unless otherwise specified

Baby Laptime  
1:30 p.m.

1

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Baby Laptime  
1:30 p.m.

2

Community Experts: Point Lace Workshop  
7:00 p.m.

3

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Films at the Library  
2:00 p.m.

4

Sing, Sign, Laugh and Learn  
11:00 a.m.

5

Family Storytime  
10:30 a.m.

6

NOT Falling for You: Preventing Falls with Balance and Buddies  
10:30 a.m.

7

Baby Laptime  
1:30 p.m.

8

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Baby Laptime  
1:30 p.m.

9

Seniors' Drop-In  
10:30 a.m.  
Community Experts: Point Lace Workshop  
7:00 p.m.

10

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Cricut 101: Certification  
2:30 p.m.

11

Sing, Sign, Laugh and Learn  
11:00 a.m.

12

Family Storytime  
10:30 a.m.

13

**THANKSGIVING**  
All locations closed

14

Baby Laptime  
1:30 p.m.

15

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Baby Laptime  
1:30 p.m.

16

Community Experts: Point Lace Workshop  
7:00 p.m.

17

Sing, Sign, Laugh and Learn  
10:30 a.m.

18

Sing, Sign, Laugh and Learn  
11:00 a.m.  
Cricut 101: Certification  
2:30 p.m.

19

Family Storytime  
10:30 a.m.

20

NOT Falling for You: Preventing Falls with Balance and Buddies  
10:30 a.m.

21

Baby Laptime  
1:30 p.m.

22

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Baby Laptime  
1:30 p.m.

23

Community Experts: Point Lace Workshop  
7:00 p.m.

24

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Book Clubs of EPL: Breaking the Ocean  
2:00 p.m.

25

Sing, Sign, Laugh and Learn  
11:00 a.m.

26

Family Storytime  
10:30 a.m.  
Edmonton Writers Group Presents: Ending it all, in a good way  
1:00 p.m.

27

NOT Falling for You: Preventing Falls with Balance and Buddies  
10:30 a.m.

28

Baby Laptime  
1:30 p.m.

29

Sing, Sign, Laugh and Learn  
10:30 a.m.  
Baby Laptime  
1:30 p.m.

30

31

## Children

### Sing, Sign, Laugh and Learn

You and your child from birth to age three are invited to join us for songs, rhymes and signs! In this inclusive class, offered in collaboration with the Edmonton Early Intervention Program, parents/caregivers will interact one-on-one with their child while learning strategies to engage their child and enhance their child's communication and development through repetition, visuals and movement. **Ages birth to 3.**

**NOTE: Registration is recommended**

### Baby Laptime

Enjoy delightful stories, songs, books, rhymes, finger plays and more, especially for babies. Cuddle with your baby and connect with other caregivers. **Ages birth to 12 months.**

**NOTE: Registration is recommended**

## Family

### Family Storytime

Enjoy stories, songs, and rhymes suitable for the whole family.

## Adult

### Films at the Library

Join us at the library for a wide variety of films! This month we will watch a selection of short films on the topics of fall harvest, giant pumpkins, and Thanksgiving traditions.

### NOT Falling for You: Preventing Falls with Fitness and Friends

*NOT Falling For You: Preventing Falls with Fitness and Friends* is a drop-in physical activity class aimed at reducing the risk of falling for adults who are 50 years and older. The class consists of the following:

- One hour of guided movements to improve balance and build strength in a friendly and welcoming environment, and
- Fifteen minutes of discussion about a topic related to preventing falls in your home and community.

It is suitable for participants who can walk independently with or without a mobility device such as a walker or cane. Comfortable indoor shoes and water bottle are recommended. There is a maximum of 12 participants for this drop-in class.

This class is led by a trained volunteer and offered in partnership with Alberta Health Services, Edmonton Zone - Population Health Promotion.

### Community Experts: Point Lace Workshop

Join our Community Expert, Vanessa, to learn more about the art of point (needle) lace. Participants will learn a bit about its history and then move onto an introduction to the basics of the craft over six classes. **NOTE: Registration is required. Participants need to be able to attend all six classes.**

### Seniors' Drop-In

Have a coffee, meet with other seniors, and come if you like cards, conversation and community.

### Cricut 101: Certification

This class enables customers to book appointments on Cricut machines at select EPL branches. Completing this class will certify all participants over the age of 12 to book Cricut machines and vinyl cutters at EPL. Customers under 12 must be accompanied by a caregiver who is certified during Cricut bookings. In this introductory class, participants will learn how Cricut Design Space works and create a simple decal design using the Cricut Maker's blade and pen attachments.

**This class only needs to be taken once** as it will cover the essential information you need to start using Cricut machines on your own. Cricut machines and materials will be provided by the library. If registering as a family, please register only one person; you will be encouraged to share a computer.

**NOTE: Registration required**

### Book Clubs of EPL: Breaking the Ocean: A memoir of race rebellion and reconciliation

Love reading? Love to talk about books you've read? Come join us for lively discussions on all types of fiction and non-fiction. We'll feature different titles and authors each month. Come and share your impressions, thoughts and interpretations of a book we have all read.

This month we will be discussing *Breaking the Ocean: A memoir of race rebellion and reconciliation* by Annahid Dashtgard. Please login to your account with your library card and then register to reserve a copy of the book. It is also available as e-book and e-audiobook.

**NOTE: Registration required**

### Edmonton Writers Group Presents: Ending it all, in a good way

The Edmonton Writers Group presents a series of 12 workshops on creative writing. The tenth session will deal with ending your story, tying up loose ends, and bringing everything to a hopefully satisfying conclusion if you are writing a stand-alone story, or priming the end to get your readers to anticipate the next story in the series. Future sessions will build on those previously offered.

Writers of all experience and skill levels are welcome.

**NOTE: Registration required**